

ANNUAL REPORT Fiscal Year 2019 April 1, 2019 -March 31, 2020

ASIAN HEALTH INSTITUTE (AHI)

A Public Interest Incorporated Foundation, Established December 1980



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I. Activities

I.A Training Activities

I.A.1 International Course

Period: Sep.1. – Oct.14, 2019

Place: Asian Health Institute (AHI)

Participants: 13 (Cambodia 2, India 3, Myanmar 2, Pakistan 1, Sri Lanka 2, Thailand 3)

Under the theme, “People’s Participation in Local governance in Health,” this course called on participants to share their experiences, challenges and ideas.

While based mainly on group discussion, to understand the Japanese context and to learn from the experiences of participatory governance, the course included an exposure visit to Achi village of Nagano prefecture, where the participants understood the facilitating role of the local government to promote people’s initiatives. The course also included a trip to Hiroshima to meet and exchange with persons involved in promoting peace.

I.A.2 Post-Course Follow-up

1) English Newsletter

English newsletters are published being aimed at sharing experiences between former participants and collaborators. In the fiscal year of 2019, the following three issues were published; the June 2019 issue focusing on the theme of “Revisiting Primary Health Care”, the December 2019 issue on “The Realities of Privatizing Goods and Services”, and the February 2020 issue on “Untiring Grassroot Efforts for Peace-building”. Each issue was published 1,000 copies.

2) Follow-up visits

In order to make follow-ups after the trainings, the AHI staff members visited former participants in respective countries as follows:

- Cambodia and India in April 2019,
- Mongolia in June-July, 2019, and
- Indonesia in January 2020.

I.A.3 Collaboration for Community Health Promotion

1) Philippines: Healthy Lifestyle Promotion Project

AHI and ANAK-NC (AHI alumni group) supported health promotion in New Corella, Mindanao Island. Health promotion activities including “Healthy Lifestyle Festa” were

conducted with the collaboration of local government unit. Although the activities have been recognized by the communities as well as local governments, the voluntary nature of ANAK-NC makes its management difficult for stable operation of the related activities.

2) Philippines: Health Volunteer Training and Alternative Health Care Promotion

AHI collaborated with Integrative Medicine for Alternative Health Care Systems (INAM) for trainings for health volunteers in municipalities of Rizal Province and Quezon Province. INAM developed the manuals for health volunteers. With its completion, this collaborative projects was concluded.

3) Pakistan: Development of Youth Leaders at small NGOs

AHI collaborated with AIDS Awareness Society (AAS) to develop youth leadership among young staff members of local small NGOs. Training was held as below:

Period: Apr. 26 – May 04, 2019

Place: Lahore, Pakistan

Participants: 16

Some of former participants jointly worked for its organizing for future sustainability.

I.B Domestic Activities

I.B.1 Activities to Promote Understanding of Asia and AHI

1) Open House

AHI holds its Open House festival annually as an opportunity for supporting members and local communities to drop by and enjoy. The festival is planned and organized by a volunteer organizing committee of 25 members, staffed by approximately 80 volunteers and 26 external groups/organizations.

Date: October 14, 2019

Place: AHI, Nisshin

Approximate number of visitors: 500

2) Orientation for Newcomers to AHI

Once in every month AHI offers an orientation for newcomers to AHI and its activities, and encourages them to get involved by volunteering or participating in other AHI programs.

Number of participants (for one year): 56

3) AHI Lectures and Workshops

Lecture, meetings, and workshops were organized with different themes and contents, as below.

- a) “Whom medicine belongs to” (Documentary film showing and study meeting) on June 8, 2019.

17 participants saw the Indian film “Fire in the Blood”, which claims the issue of drug access and international trade and joined the related discussion.

- b) “Trip to 2030! SDGs Card Game” (Workshop) on July 20, 2019

25 participants joined the SDGs game and deepened their understandings about SDGs by discussing what each of the sustainable development goals aimed at and how they were related one another.

- c) “What is Advocacy in Global Health” (Study meeting) on March 14, 2020

15 participants gained the understanding about advocacy activities as well as controversial issues in global health.

4) Speaking Tour

AHI invited Mr. F.Priyankara Costa, a participant in 1995 from Sri Lanka, along with the woman local community leader as resource persons for lecture meetings and workshops at different places in Japan. They shared their experiences of promoting people’s awareness and initiatives to tackle with social issues, as well as the achievements.

Date: November 24—December 9, 2019

Place: 25 sessions in Tokyo, Osaka, Aichi, and others.

Participants: approx.1500

5) Study Tour

Due to the global pandemic of COVID-19, the study tour to Sri Lanka planned on March 20-30, 2020 was cancelled.

I.B.2 Information Sharing and Opportunities to Learn by Experience

1) *Ajia no Kenko* (Health of Asia) - Newsletter for AHI Supporting Members

Covering current situations and activities of NGOs/POs for community development, the newsletter aims to bring Asian grassroots issues closer to AHI supporters and other Japanese people. The editorial committee is comprised of AHI supporting members. This year, five volumes (3,500 copies each) were published.

2) *Ajia no Kodomo* (Children of Asia) – Newsletter for Japanese Children

With the target readership of upper grades in elementary school, this newsletter aims to

let Japanese children know about everyday lives of the same generation living in other parts of Asia. This year, two volumes (4,000copies each) were published.

Aug 2019 issue: in Kyl

Feb 2020 issue: in Philippines

3) Website Management

To reach a broad and open range of readers, AHI has developed its website, as well as other SNS media.

4) Internships and Volunteer Receiving

AHI accepted internships and volunteer staffs throughout the year. In addition, AHI provided an opportunity for high school students and first-year teachers to experience the work at NGO.

I.B.3 Cooperation with Other Organizations

1) Sending Speakers to Other Organizations

In responding to requests, AHI provided speakers to schools and other organizations, for a total of 35 times in 2019. Development education sessions at elementary schools were conducted at 11 schools (Nisshin city 8, other cities 3).

2) Network Membership

AHI participates in relevant network organizations and policy advocacy. Membership includes: Nagoya NGO Center, Nagoya Council of Churches, People's Forum on Cambodia. Through Nagoya NGO center, AHI is involved in policy recommendations.

I.C Organizational Management

I.C.1 Board Meetings

AHI held 4 meetings of Board of Directors, and 2 of Board of Trustees. Members as of 31 March 2020 are as follows: 10 directors, 3 auditors, and 10 trustees.

I.C.2 Fundraising (Membership and Campaigns)

As of March 31, 2020

Number of supporting members: 2,507

Among this, Hitotsukami Supporters=Monthly supporters 209

Contributors: 577

◆ **Appreciation Event for Longtime Supporters**

“Appreciation Event” for longtime supporters was held on October 14, 2019, which is also the day of Open House. 21 supporters and their families, who has been supporting AHI since its pioneer days participated.

◆ **Asking for Hitotsukami (“Handful of Rice”) Support**

“Hitotsukami (one handful of rice) is a new type of financial support system using monthly credit card or bank account transfers from supporters (¥1000/month/unit). AHI sent 500 Hitotsukami campaign letters to the volunteers and participants of different programs organized by AH, having 4 responses out of those.

◆ **”Gift Relay” - Donation through Sales of Used Books/Post Cards/Stamps**

With the collaboration of Book Off Corporation, the second-hand bookstore, AHI asks for used book donation. AHI also accepts post cards and stamps as donation.

◆ **Guidance for Writing a Living Will**

A large proportion of AHI supporters are now elderly and thinking seriously about how to communicate their feelings through their wills. A former AHI staff gave two guidance sessions on writing a will, conducted two private consultations. 23 individuals/couples participated.

II. Financial Report

Please see page, 6.

II Financial Report Net Assets Variation Statement			
	FY2019 Actual	FY2018 Actual	Notes
I. Change in General Net Assets			
A. Change in Ordinary Profit			
(1) Ordinary Profit			
Basic asset interest received	3,908,642	3,908,642	Interest on capital funds
Interest received on specified assets	2,583,511	2,292,414	Interest on specified assets
Membership fees received	12,511,819	13,135,344	23.2% from Hitotsukami(monthly) supporters
Project Income	1,771,518	1,719,685	Sales of handicrafts, program fees, etc.
Grants received	550,000	684,370	Wesley Foundation, Nisshin City
Donation received	20,709,136	23,614,590	¥ 14,351,275 from Christmas & New Year campaign
Donation transferred from designated net asset	6,315,540	5,991,036	transfer from designated net assets
Miscellaneous income	195,004	799,902	Interest received, etc.
Total ordinary profit	48,545,170	52,145,983	
(2) Ordinary Expenses			
1. Operating Expenses			
			Expenses primarily related to project operation
Wage and allowance	28,887,972	25,950,744	Salaries for project based staff
Retirement benefit expenses	1,759,680	1,804,800	Mutual fund retirement scheme premiums
Welfare expenses	4,805,243	4,927,178	Social insurance for project based staff
Travel and transportation expenses	3,651,450	4,930,659	Travel costs for staff and course participants
Communications	2,775,299	2,937,355	Of this, Japanese newsletter mailing cost ¥1.25million
Depreciation expenses	4,617,440	3,457,169	Depreciation expenses of buildings, structures and fixtures
Consumable equipments and fixtures	80,784	584,469	Mobilephone, computer accessories, etc.
Consumables expenses	1,864,404	1,322,710	Stationery, paper, etc.
Upkeep expenses	968,192	853,624	Computer maintenance, floor waxing, elevator maintenance
Printing and binding expenses	1,885,608	2,463,045	Copy and printing costs of Japanese newsletter, etc.
Utility expenses	905,344	926,703	Gas, water, electricity, heating
Leasing expenses	390,741	352,806	Accounting software, hall rental etc.
Property and casualty insurance	375,304	358,245	Insurance for training participants, events, etc.
Gratuity expenses	423,360	529,020	Honoraria for resource persons
Tax expenses	346,636	42,676	Van tax
Membership fees	272,601	172,528	Network membership, training participation fee, etc.
Course participants' living costs	714,854	523,955	Food and accommodation for training participants
Direct remittances for overseas courses	952,600	2,195,998	Costs for projects/courses outside of Japan
Meeting expenses	23,438	21,642	Refreshments at meetings with former participants
Exchange rate loss	686,529	-	At exchange rate of 108.83 yen/US\$1
Miscellaneous expenses	762,269	681,116	Bank transfer fees, etc.
SUBTOTAL of operating expenses	57,149,748	55,036,442	
2. Management Expenses			
			Expenses related to Board of Directors and Trustees
Wages and allowances	1,805,705	1,653,358	Salaries for staff supporting the Board
Retirement benefit expenses	112,320	115,200	Mutual fund retirement scheme premiums
Welfare expenses	304,945	303,438	Social insurance for the above staff
Travel and transportation expenses	59,125	61,186	Commuting costs for the above staff members
Communications	12,937	17,917	Postage, telephone and etc.
Depreciation expenses	294,730	220,671	6% of the total
Consumable equipment and fixtures	0	10,620	
Consumables expenses	14,348	15,303	Stationery, paper, etc.
Upkeep expenses	60,660	53,358	Computer maintenance, floor waxing, etc.
Printing and binding expenses	28,263	26,255	Copy and printing costs, etc.
Utility expenses	56,776	58,541	Gas, water, electricity, heating
Leasing expenses	10,386	10,362	Lease of accounting software
Insurance	11,038	14,067	Fire insurance, vehicle insurance(6% of the total)
Gratuity expenses	-	-	
Tax expenses	21,264	2,724	Van tax(6% of the total)
Miscellaneous expenses	735	1,080	Garbage collection cost etc.
SUBTOTAL of management expenses	2,793,232	2,564,080	
Total ordinary expenses	59,942,980	57,600,522	
Current change in ordinary profit without appraisal	-11,397,810	-5,454,539	
Profit and loss on appraisal in designated assets		2,131,931	
Total of profit and loss on appraisal		2,131,931	
Current change in ordinary profit	-11,397,810	-3,322,608	
B. Change in Extraordinary Profit			
(1) Extraordinary Profit			
Gain on donation of noncurrent assets(land)		-	
Total extraordinary profit		-	
(2) Extraordinary Expenses			
Total extraordinary expenses		-	
Current change in extraordinary profit		-	
Transfer to designated net assets	-11,397,810	-3,322,608	
Current change in general net assets	-11,397,810	-3,322,608	
Balance at beginning of year in general net assets	337,973,458	341,296,066	
Balance at end of year in general net assets	326,575,648	337,973,458	
II. Change in Designated Net Assets			
Designated assets invest received	966,083	586,522	Interest on designated assets for training
Donations received	9,396,610	5,624,490	Designated assets for training
Porfit on Appraisal in Basic Assets	-6,315,540	-6,121,036	
Loss on Appraisal in Designated Assets	-12,570,000	-14,760,000	Market value of the stock
Transfer to general net assets	-767,854	2,392,642	At exchange rate of 108.83 yen/US\$1
Current change in designated net assets	-9,290,701	-12,277,383	
Balance at beginning of year in designated net assets	517,924,744	530,202,127	
Balance at end of year in designated net assets	508,634,043	517,924,744	
III. Year-end Total Net Assets	835,209,691	855,898,202	

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