



**Annual Report
Fiscal Year 2020**
April 1, 2020 -March 31, 2021

**ASIAN HEALTH INSTITUTE
(AHI)**

**A Public Interest Incorporated
Foundation, Established
December 1980**

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I. Activities

I.A Training Activities

I.A.1 International Course

The course was planned for with the theme “Youth Empowerment for Making Change “ to be held for 6 weeks in August to October, 2020. It was however postponed to 2021 in the world-wide worsening situation of COVID-19. After July 2020, a series of preparatory meetings and individual consultation were done via online with 13 expected participants of 8 different countries. Online meetings were done also with the supervisors and representatives of respective organizations to draw out their cooperation for participation of their staff in the coming year.

I.A.2 Post-Course Follow-up

1) English Newsletter

English newsletters are published being aimed at sharing experiences between former participants and collaborators. In the fiscal year of 2020, the following two issues were produced; the July 2020 focusing on “Community Challenges to fight against COVID”, and the October issue on “People’s initiatives during pandemic. Each issue was distributed by 600 copies via e-mail to former participants and associated organizations.

I.A.3 Collaboration for Community Health Promotion

1) Philippines: Healthy Lifestyle Promotion Project

AHI and ANAK-NC (AHI alumni group) supported health promotion in New Corella, Mindanao Island. Activities were not done as before due to the unstable situation of ANAK-NC especially under the pandemic of COVID-19.

2) Pakistan: Development of Youth Leaders at small NGOs

AHI collaborated with AIDS Awareness Society (AAS) to develop youth leadership among young staff members of local small NGOs. Training was held as below:

Period: Nov.11 – 29, 2020

Place: Lahore, Pakistan

Participants: 16

The online meeting was held to discuss the management towards sustainability in the future, as the collaborative relationship is to be terminated by the end of 2021.

I.B Domestic Activities

I.B.1 Activities to Promote Understanding of Asia and AHI

1) Open House

Due to the pandemic, the in-person event was not organized. Instead different videos were produced and uploaded on the AHI website in collaboration with AHI volunteers and some of former participants. The two online program was organized on September 21. One was the online SDGs Game to promote concerns and concepts behind the SDGs of Agenda 2030, with 8 participants. The another was online presentations by the two AHI former participants from Nepal and Pakistan with approx.. 70 participants.

2) Orientation for Newcomers to AHI

Once in every month AHI offers an orientation for newcomers to AHI and its activities, and encourages them to get involved in AHI activities. In 2020, the program was done both in-person and online.

Number of participants (for one year): 46

3) AHI Lectures and Workshops

Due to the pandemic, only one program was organized, where 4 of expected participants of international training 2021 made presentations of their development activities. For them, it was a challenge as well as an opportunity to have communication with Japanese people, which was encouraging. 26 Japanese participants joined the program.

I.B.2 Information Sharing and Opportunities to Learn by Experience

1) *Ajia no Kenko* (Health of Asia) - Newsletter for AHI Supporting Members

Covering current situations and activities of NGOs/POs for community development, the newsletter aims to bring Asian grassroots issues closer to AHI supporters and other Japanese people. The editorial committee is comprised of AHI supporting members. This year, five volumes (3,500 copies each) were published.

2) *Ajia no Kodomo* (Children of Asia) – Newsletter for Japanese Children

With the target readership of upper grades in elementary school, this newsletter aims to let Japanese children know about everyday lives of the same generation living in other parts of Asia. This year, one issue (4,000copies) were published, focusing on cultural differences based on the real experiences of AHI former participants and their host families.

3) Website Management

To reach a broad and open range of readers, AHI has developed its website, as well as other SNS media.

4) Internships and Volunteer Receiving

AHI accepted internships and volunteer staffs throughout the year. In addition, AHI provided an opportunity for high school students to experience the work at NGO.

I.B.3 Cooperation with Other Organizations

1) Sending Speakers to Other Organizations

In responding to requests, AHI provided speakers to schools and other organizations, for a total of 19 times in 2020. Development education sessions at elementary schools were conducted at 9 schools (Nisshin city 7, other cities 2).

2) Network Membership

AHI participates in relevant network organizations and policy advocacy. Membership includes: Nagoya NGO Center, Nagoya Council of Churches, and others. Through Nagoya NGO center, AHI is involved in policy recommendations. Especially in order to respond to the big gap between the countries in terms of health access including vaccination, AHI joined the “Equal Health and Medical Access on COVID-19 for All” Japan Network, organizing online seminars and submitting request letters to the Japanese government.

I.C Organizational Management

I.C.1 Board Meetings

AHI held 4 meetings of Board of Directors, and 2 of Board of Trustees. Members as of 31 March 2021 are as follows: 10 directors, 3 auditors, and 10 trustees.

I.C.2 Fundraising (Membership and Campaigns)

As of March 31, 2021

Number of supporting members: 2,376

Among this, Hitotsukami Supporters=Monthly supporters 197

Contributors: 586

◆”Gift Relay” - Donation through Sales of Used Books/Post Cards/Stamps

With the collaboration of Book Off Corporation, the second-hand bookstore, AHI asks for

used book donation. AHI also accepts post cards and stamps as donation.

◆ **Guidance for Writing a Living Will**

A large proportion of AHI supporters are now elderly and thinking seriously about how to communicate their feelings through their wills. A former AHI staff gave the guidance session on writing a will and conducted two private consultations in November 2020. 9 individuals/couples participated.

II. Financial Report

Please see page 5.

II Financial Report Net Assets Variation Statement

	FY2020 Actual	FY2019 Actual	Notes
I. Change in General Net Assets			
A. Change in Ordinary Profit			
(1) Ordinary Profit			
Basic asset interest received	3,638,642	3,908,642	Interest on capital funds
Interest received on specified assets	1,941,509	2,583,511	Interest on specified assets
Membership fees received	13,048,403	12,511,819	23.4% from Hitotsukami(monthly) supporters
Project Income	314,250	1,771,518	Sales of handicrafts, program fees, etc.
Grants received	-	550,000	From Nisshin City
Donation received	21,312,889	20,709,136	¥ 14,428.356 from Christmas & New Year campaign
Donation transferred from designated net asset	3,300,770	6,315,540	transfer from designated net assets
Miscellaneous income	703,914	195,004	Interest received, etc.
Total ordinary profit (B)	44,260,377	48,545,170	
(2) Ordinary Expenses			
1. Operating Expenses			Expenses primarily related to project operation
Wage and allowance	22,536,856	28,887,972	Salaries for project based staff
Retirement benefit expenses	1,320,080	1,759,680	Mutual fund retirement scheme premiums
Welfare expenses	4,246,197	4,805,243	Social insurance for project based staff
Travel and transportation expenses	965,128	3,651,450	Travel costs for staff and course participants
Communications	2,880,136	2,775,299	Of this, Japanese newsletter mailing cost ¥1.25 million
Depreciation expenses	4,873,196	4,617,440	Depreciation expenses of buildings, structures and fixtures
Consumable equipments and fixtures	269,999	80,784	Mobilephone, computer accessories
Consumables expenses	416,536	1,864,404	Stationery, paper, etc.
Upkeep expenses	877,918	968,192	Computer maintenance, floor waxing, elevator maintenance etc.
Printing and binding expenses	1,723,274	1,885,608	Copy and printing costs of Japanese newsletter, etc.
Utility expenses	733,282	905,344	Gas, water, electricity, heating
Leasing expenses	247,578	390,741	Accounting software, hall rental etc.
Property and casualty insurance	196,962	375,304	Insurance for training participants, events, etc.
Gratuity expenses	193,842	423,360	Honoraria for homepage maintenance
Tax expenses	40,100	346,636	Van tax
Membership fees	168,500	272,601	Network membership, training participation fee, etc.
Course participants' living costs	-	714,854	Food and accommodation for ILDC course participants
Direct remittances for overseas courses	-	95,260	Costs for projects/courses in various Asian countries
Meeting expenses	-	23,438	Refreshments at meetings with former participants
Exchange rate loss	251	686,529	At exchange rate of 109.94 yen/US\$1
Miscellaneous expenses	600,080	762,269	Bank transfer fees, etc.
SUBTOTAL of operating expenses	42,289,915	57,149,748	
2. Management Expenses			Expenses related to Board of Directors and Trustees
Wages and allowances	1,438,521	1,805,705	Salaries for staff supporting the Board
Retirement benefit expenses	108,691	112,320	Mutual fund retirement scheme premiums
Welfare expenses	271,034	304,945	Social insurance for the above staff
Travel and transportation expenses	46,650	59,125	Commuting costs for the above staff members
Communications	10,047	12,937	Postage, telephone and fax costs
Depreciation expenses	311,055	294,730	6% of the total
Consumables expenses	6,105	14,348	Stationery, paper, etc.
Upkeep expenses	52,922	60,660	Computer maintenance, floor waxing, etc.
Printing and binding expenses	17,238	28,263	Copy and printing costs, etc.
Utility expenses	46,811	56,776	Gas, water, electricity, heating
Leasing expenses	10,402	10,386	Lease of accounting software
Insurance	12,572	11,038	Fire insurance, vehicle insurance(6% of the total)
Gratuity expenses	660	-	
Tax expenses	-	21,264	Van tax(6% of the total)
Meeting expenses	-	-	
Miscellaneous expenses	435	735	Garbage collection cost etc.
SUBTOTAL of management expenses	2,333,143	2,793,232	
Total ordinary expenses	44,623,058	59,942,980	
Current change in ordinary profit without appraisal	-362,681	-11,397,810	
Current change in ordinary profit	-362,681	-11,397,810	
B. Change in Extraordinary Profit			
(1) Extraordinary Profit			
Gain on donation of noncurrent assets(land)	-	-	
Total extraordinary profit	-	-	
(2) Extraordinary Expenses			
Total extraordinary expenses	-	-	
Current change in extraordinary profit	-	-	
Transfer to designated net assets	-362,681	-11,397,810	
Current change in general net assets	-362,681	-11,397,810	
Balance at beginning of year in general net assets	326,575,648	337,973,458	
Balance at end of year in general net assets	326,212,967	326,575,648	
II. Change in Designated Net Assets			
Designated assets invest received	1,136,119	966,083	Interest on Designated assets for training
Donations received	10,239,200	9,396,610	Designated assets for training
Transfer to general net assets	-3,300,770	-6,315,540	
Porfit on Appraisal in Basic Assets	4,590,000	-12,570,000	Market value of the stock
Loss on Appraisal in Designated Assets	935,342	-767,854	At exchange rate of 109.49 yen/US\$1
Current change in designated net assets	13,599,891	-9,290,701	
Balance at beginning of year in designated net assets	508,634,043	517,924,744	
Balance at end of year in designated net assets	522,233,934	508,634,043	
III. Year-end Total Net Assets	848,446,901	835,209,691	

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