

Annual Report Fiscal Year 2021 (April 1, 2021 - March 31, 2022)

ASIAN HEALTH INSTITUTE (AHI)

A Public Interest Incorporated Foundation. Established in December 1980



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I. Activities

I.A Training Activities

I.A.1 International Course

The program was organized via online with the theme “Youth Empowerment for Making Change “ in June to September for 3 phases, each of which was for 10 days. The total number of participants was 9, from Indonesia, Cambodia, Sri Lanka, Pakistan, Bangladesh and Mongolia. Six out of 9 were from NGOs in the said countries, and the rest were from community-based youth group. Each of participants made review on one’s own activities, and tried to identify a new direction through various discussions on how NGOs could facilitate youth to become one of major actors in community building. After the course, AHI staff had online meeting with directors of sending organizations respectively. AHI staff asked them for their active support, so that participants could apply their learnings from AHI training into their own activities, or within their organizations.

I.A.2 Post-Course Follow-up

1) Information sharing through English Newsletter and Website

English newsletters were published in August and in December 2021, aiming at sharing experiences among former participants and AHI. The website was renewed in January 2022, in order to promote their information/experience sharing for learning among them. AHI also offered former participants opportunities of being resource persons in international occasions such as international conferences. Two of Thai former participants joined ASEAN People’s forum held In November 2021, to share their grassroots responses against COVID-19

I.A.3 Collaboration for Community Health Promotion

1) Philippines: Healthy Lifestyle Promotion Project

AHI and ANAK-NC (AHI alumni group) supported health promotion in New Corella, Mindanao Island. Activities were not as active as before due to the unstable situation of ANAK-NC especially under the pandemic of COVID-19. The partnership was terminated at the end of the fiscal year 2021.

2) Pakistan: Development of Youth Leaders at small NGOs

AHI collaborated with AIDS Awareness Society (AAS) to develop youth leadership among young staff members of local small NGOs. In 2021, the impact assessment was conducted by AAS and some of former participants.

I.A.4 International Workshop

- Online case study session on "My Application of Learning from ILDC"

AHI promoted experience sharing among AHI former participants. This program, held on February 9, 2022 focused on how the participants applied their learnings from AHI international training. Four of former participants (3 from 2019 training, and 1 from 2017) presented how they applied their learnings into their activities as well as organizational management. 44 Participants joined from different countries including Japan.

I.A.5 Other online sharing and learning

1) Online free talk program

One of Thai participants, who was concerned about Myanmar situation after the Military's seizing the power in February 2021, organized an online program. After the participant from Myanmar shared the situation, the discussion was held about possible roles and activities of CSOs in the militarized societies.

2) Seminar on Participatory Monitoring and Evaluation Method "Most Significant Change(MSC) Technique"

It is very essential in every project, to identify outcomes as well as impact, which is significant for the people. They could contribute to have interventions more efficient and useful. Having a resource person from outside, AHI organized the online seminar on MSC technique, where four organizations participated from Philippines, Sri Lanka and Pakistan. Those organizations made their evaluation activity plans, utilizing MSC technique, and would actually conduct them in the year 2022.

I.B Domestic Activities

I.B.1 Activities to Promote Understanding of Asia and AHI

1) Orientation for Newcomers to AHI

Once in every month AHI offers an orientation for newcomers to AHI and its activities, and encourages them to get involved in AHI activities.

Number of participants (for one year): 49

2) AHI Lectures and Workshops

① Documentary Film Preview Screening "A Song before the Dawn"

The film about the inhumane situation of people with mental disorder up to 1970's was presented, being followed by discussions on the exploitative social structure

hampering people's well-beings.

② Online program "Hello from Bangladesh"

With the cooperation of two AHI supporters living in Dhaka, Bangladesh, AHI organized the online program. It was an opportunity for the participants including primary school students to understand the differences of people's life and culture.

③ Online program from Thailand "A temple nearby is our community isolation center"

Thai former participants shared their community-based responses in the slum area of Bangkok against COVID-19. The community leader shared the experiences, and former participants reported their supports from the outside through the network of multi-stake holders.

I.B.2 Information Sharing and Providing Opportunities to Learn

1) Aja no Kenko (Health of Asia) - Newsletter for AHI Supporting Members

Covering current situations and activities of NGOs/POs for community development, the newsletter aims to bring Asian grassroots issues closer to AHI supporters and other Japanese people. The editorial committee is comprised of AHI supporting members. This year, five volumes (3,000 copies each) were published.

2) Aja no Kodomo (Children of Asia) – Newsletter for Japanese Children

With the target readership of upper grades in elementary school, this newsletter aims to let Japanese children know about everyday lives of the same generation living in other parts of Asia. This year, one issue (4,000copies) were published, focusing on inclusive education in Sri Lanka.

3) Website Management

To reach a broad and open range of readers, AHI has developed its website, as well as other SNS media.

4) Internships and Volunteer Receiving

AHI accepted internships and volunteer staffs throughout the year. In addition, AHI provided an opportunity for high school students to experience the work at NGO.

I.B.3 Cooperation with Other Organizations

1) Sending Speakers to Other Organizations

In responding to requests, AHI provided speakers to schools and other organizations, for a total of 20 times in 2021. Development education sessions at elementary schools

were conducted at 8 schools.

2) Network Membership

AHI participates in relevant network organizations and policy advocacy. Membership includes: Nagoya NGO Center, Nagoya Council of Churches, and others. Through Nagoya NGO center, AHI is involved in policy recommendations. The “Equal Health and Medical Access on COVID-19 for All” Japan Network, being organized with other 6 organizations, conducted online seminars and submitting request letters to the Japanese government.

3) Translation of “Helping Health Workers Learn”

With the collaboration of Bridges in Public Health, AHI worked for translation of “Helping Health Workers Learn”. The Japanese translation is to be published in 2022.

I.C Organizational Management

I.C.1 Board Meetings

AHI held 4 meetings of Board of Directors, and 2 of Board of Trustees. Members as of 31 March 2022 are as follows: 9 directors, 3 auditors, and 10 trustees.

I.C.2 Fundraising (Membership and Campaigns)

As of March 31, 2022

Number of supporting members: 2,234

Among this, Hitotsukami Supporters=Monthly supporters 194

Contributors: 583

◆”Gift Relay” - Donation through Sales of Used Books/Post Cards/Stamps

With the collaboration of a second-hand bookstore, AHI asks for used book donation. AHI also accepts post cards and stamps as donation.

◆Collaboration with Charity Brand

With the collaboration with a charity brand shop, an original goods(T-shirts, Bags, etc.) were produced for charity sales.

◆Guidance for Writing a Living Will

A large proportion of AHI supporters are now elderly and thinking seriously about how to communicate their feelings through their wills. A former AHI staff gave the guidance session on writing a will and conducted two private consultations in May and November 2021. In total 19 individuals/couples participated.

II Financial Report Net Assets Variation Statement

	FY2021 Actual	FY2020 Actual	Notes
I. Change in General Net Assets			
A. Change in Ordinary Profit			
(1) Ordinary Profit			
Basic asset interest received	3,788,642	3,638,642	Interest on capital funds
Interest received on specified assets	1,850,617	1,941,509	Interest on specified assets
Membership fees received	11,929,184	13,048,403	25.6% from Hitotsukami(monthly) supporters
Project Income	360,963	314,250	Sales of handicrafts, program fees, etc.
Grants received	-	-	
Donation received	21,618,523	21,312,889	¥ 15,346,304 from Christmas & New Year campaign
Donation transferred from designated net asset	5,564,204	3,300,770	transfer from designated net assets
Miscellaneous income	8,577,788	703,914	Interest received, etc.
Total ordinary profit (B)	53,689,921	44,260,377	
(2) Ordinary Expenses			
1. Operating Expenses			Expenses primarily related to project operation
Wage and allowance	23,612,202	22,536,856	Salaries for project based staff
Retirement benefit expenses	1,348,400	1,320,080	Mutual fund retirement scheme premiums
Welfare expenses	3,764,015	4,246,197	Social insurance for project based staff
Travel and transportation expenses	948,775	965,128	Travel costs for staff and course participants
Communications	2,515,118	2,880,136	Of this, Japanese newsletter mailing cost ¥1.18 million
Depreciation expenses	4,714,192	4,873,196	Depreciation expenses of buildings, structures and fixtures
Consumable equipments and fixtures	-	269,999	Mobilephone, computer accessories
Consumables expenses	252,276	416,536	Stationery, paper, etc.
Upkeep expenses	1,206,071	877,918	Computer maintenance, floor waxing, elevator maintenance etc.
Printing and binding expenses	1,668,627	1,723,274	Copy and printing costs of Japanese newsletter, etc.
Utility expenses	827,171	733,282	Gas, water, electricity, heating
Leasing expenses	239,134	247,578	Accounting software , hall rental etc.
Property and casualty insurance	191,170	196,962	Insurance for training participants, events, etc.
Gratuity expenses	346,000	193,842	Honoraria for homepage maintenance
Tax expenses	39,500	40,100	Van tax
Membership fees	148,400	168,500	Network membership, training participation fee, etc.
Course participants' living costs	-	-	Food and accomodation for ILDC course participants
Direct remittances for overseas courses	-	-	Costs for projects/courses in various Asian countries
Meeting expenses	-	-	Refreshments at meetings with former participants
Exchange rate loss	-	251	At exchange rate of 122.39 yen/US\$1
Miscellaneous expenses	571,661	600,080	Bank transfer fees, etc.
SUBTOTAL of operating expenses	42,392,712	42,289,915	
2. Management Expenses			Expenses related to Board of Directors and Trustees
Wages and allowances	1,507,163	1,438,521	Salaries for staff supporting the Board
Retirement benefit expenses	87,600	108,691	Mutual fund retirement scheme premiums
Welfare expenses	240,255	271,034	Social insurance for the above staff
Travel and transportation expenses	57,400	46,650	Commuting costs for the above staff members
Communications	9,068	10,047	Postage, telephone and fax costs
Depreciation expenses	399,906	311,055	6% of the total
Consumables expenses	9,892	6,105	Stationery, paper, etc.
Upkeep expenses	76,893	52,922	Computer maintenance, floor waxing, etc.
Printing and binding expenses	11,881	17,238	Copy and printing costs, etc.
Utility expenses	52,799	46,811	Gas, water, electricity, heating
Leasing expenses	10,212	10,402	Lease of accounting software
Insurance	12,202	12,572	Fire insurance, vehicle insurance(6% of the total)
Gratuity expenses	-	660	
Tax expenses	-	-	Van tax(6% of the total)
Meeting expenses	-	-	
Miscellaneous expenses	285	435	Garbage collection cost etc.
SUBTOTAL of management expenses	2,376,556	2,333,143	
Total ordinary expenses	44,769,268	44,623,058	
Current change in ordinary profit without appraisal	8,920,653	-362,681	
Current change in ordinary profit	8,920,653	-362,681	
B. Change in Extraordinary Profit			
(1) Extraordinary Profit			
Gain on donation of noncurrent assets(land)	-	-	
Total extraordinary profit	-	-	
(2) Extraordinary Expenses			
Total extraordinary expenses	-	-	
Current change in extraordinary profit	-	-	
Transfer to designated net assets	8,920,653	-362,681	
Current change in general net assets	8,920,653	-362,681	
Balance at beginning of year in general net assets	326,212,967	326,575,648	
Balance at end of year in general net assets	335,133,620	326,212,967	
II. Change in Designated Net Assets			
Designated assets invest received	245,075	1,136,119	Interest on Designated assets for training
Donations received	26,800,000	10,239,200	Designated assets for training
Transfer to general net assets	-5,564,204	-3,300,770	
Porfit on Appraisal in Basic Assets	-1,620,000	4,590,000	Market value of the stock
Loss on Appraisal in Designated Assets	11,346,903	935,342	At exchange rate of 122.39 yen/US\$1
Current change in designated net assets	31,207,774	13,599,891	
Balance at beginning of year in designated net assets	522,233,934	508,634,043	
Balance at end of year in designated net assets	553,441,708	522,233,934	
III. Year-end Total Net Assets	888,575,328	848,446,901	

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